

POST-OP OCCLUSAL GUARD (NIGHT GUARD)

POST-OPERATIVE CARE INSTRUCTIONS

Proper occlusal guard care is imperative to maintaining the longevity of your new appliance. At any time, if you feel your appliance has any sharp edges or is uncomfortably rubbing your gums, please call our office to schedule an adjustment.

- Make sure to brush, floss, and rinse before inserting your night guard.
- Seat your guard from back to front each night before going to bed. DO NOT soak your occlusal guard in mouthwash, denture cleanser, hot water or place it in direct sunlight.
- Rinse well with water before and after use and store dry.
- Clean the guard with warm soapy water for 30 seconds before and after each use. Store in a dry, clean case. Do not store/place it in direct sunlight.

- Never wear your guard while eating
- If your guard becomes loose, tight, or causes discomfort, or gets damaged, don't hesitate to contact us.
- Keep your guard out of reach from pets (especially dogs) and children.
- Please bring your guard with you to your dental cleanings to be cleaned professionally, free of charge.

If you have any questions or need an appointment, please call us at 269-382-5040.

Scan the QR Code to
learn more on our website.



(269) 382-5040

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